



PRESENTS



**SATURDAY, SEPTEMBER 26, 2015**

**EXTREME HEALTHY FAMILIES 5K**

7:30 a.m. Kick Off | 8 a.m. Race Starts | 9:15 a.m. Awards Party

**Free Health Resource Fair**

9 a.m. - 10:30 a.m.

**Seminole Cross Trail behind Front Running Sports**

1061 South Sun Drive, Unit 1097, Lake Mary, Florida, 32746

**Registration Information**

Online | [www.runsignup](http://www.runsignup)

\*Use the search engine labeled "Find a Race" to register.

On-site | Return completed form to Front Running Sports,  
Extreme Youth Sports or Health Department

**FINISHERS WILL RECEIVE A MEDAL**

